## April 30, 2019

Dr. Anastasia (Staci) Trekles had asked me to review her EDCI 30001 *Lifelong Health and Wellness for Teachers and Children* online course in Spring 2019 and provide her with peer review feedback. She added me to her course Blackboard Learn, and sent me two peer review/observation documents (1 from Quality Matters (QM), and 1 from PNW School of Education and Counseling) on April 15, 2019. I chose the QM rubric because this rubric is particularly for online course review. I started my review of the EDCI 30001 *Lifelong Health and Wellness for Teachers and Children* online course materials and learning activities on Blackboard Learn on April 18, and used the QM rubric to complete my review on April 30, 2019. While the details of my review results can be found in the enclosed QM rubric document, I would like to share what Dr. Trekles impressed me most as follows:

EDCI 30001 *Lifelong Health and Wellness for Teachers and Children* is a required online course for elementary education candidates. This course includes topics important to personal health, wellness, and disease prevention for adults and children. Through various course learning activities (e.g., Flipgrid and Seesaw assignments, videos reviewing and sharing, virtual meeting with Dr. Trekles), candidates learn about health and wellness, how to incorporate healthy habits into their daily lives, and the health and safety of children. The technology tools used to foster student learning and enhance interactive discussions online were impressive.

The course began with an Announcement posted on January 4, 2019, in which Dr. Trekles allowed students to review the course materials and ask questions before the semester started on January 7. It was clear from the beginning that Dr. Trekles had a strong commitment to creating a positive e-learning environment for students. The information presented in the Announcement was were clear and pointed, and message was friendly and thoughtful. Throughout the semester, Dr. Trekles has posted 36 announcements in which she reminded students about due dates for the assignments, informed students about upcoming course events and that grades were posted, and encouraged students to ask questions and earn extra credits. The course ended with an Announcement about final grades on April 29, 2019. I have been impressed by Dr. Trekles' consistent effort to provide students with feedback on their assignments in a timely manner.

Please see the attached QM rubric document for my review results. Should you have any questions about this online course review, please, do not hesitate to contact me at kcchan@pnw.edu.

Sincerely,

Kain Chi Chan

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Enclosure: QM Course Peer Review